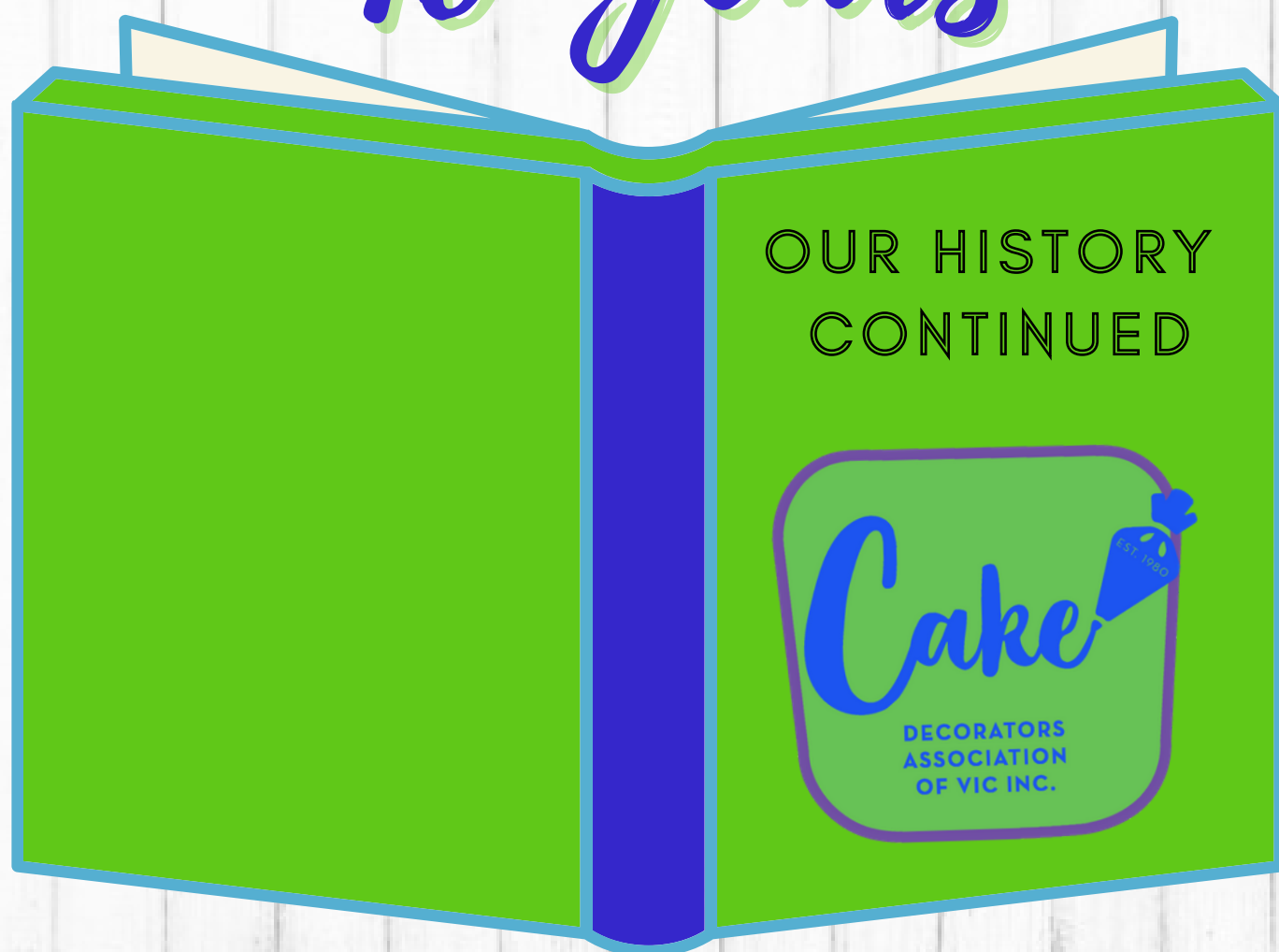


Edition 6- 2020

# Celebrating 40 Years



*Keeping It Sweet*

Top of the Morning to you all.

What great weather we had for last Monday and Cupday. I spent the day with Rohan and his family. I have to make up for lost time with Hunter, he will be 1 on the 11th and I have seen him only 4 times since he was born. Had a great day.

I hope you are all making the best of what we are allowed to do. It is such a great feeling to be able to do things even if we don't want to at this time. Sunday hopefully will give us even more freedom. Our regional borders open will be another step to normality. I am concerned with Christmas Day as there are a few of us if we all get together. Cant wait for this year to finish and 2021 to roll in.

Just to let you know that our lovely member for many years ,Tessie Vella , passed away. She was 89. I have fond memories of her as do many others . She was quite a character . She used to travel from St. Albans over to Mltcham every meeting and when we moved followed us. If she could not get a lift she would get a cab. She came to all our Melbourne Seminars and a few of the country ones as well. She was always the same..She also frequently attended Westgate and Sunbury meetings and will be missed by all who knew her.

I hope you enjoy our next tutorial with Robert Harwood. He is such a good demonstrator. This will be on Friday 13th of November. Take care and stay safe. Wear a mask and remember to succeed in life you need 3 things, a wishbone, a backbone and a funnybone. At times several of them would come in handy.

Pam Archibald .....President.

## Riddles

1. What can be touched but can't be seen?

2. Two convicts are locked in a cell. There is an unbarred window high up in the cell. No matter if they stand on the bed or one on top of the other they can't reach the window to escape. They then decide to tunnel out. However, they give up with the tunneling because it will take too long. Finally one of the convicts figures out how to escape from the cell. What is his plan?

3. If you got paid with 'it' you wouldn't be happy. The Rich Needs 'it'. The Poor has 'it'. But if you eat 'it' you'll die.

Q: If 2020 was a drink, what would it be?

A: Colonoscopy prep

PROBLEM WITH  
POLITICAL JOKES  
★ ★ ★ IS THAT THEY ★ ★ ★  
SOMETIMES GET  
★ ELECTED ★

# OUR HISTORY CONTINUED.....



Continuing on with our history. We go from 1994 to 2005. We thank Shirley Vass for putting all this part of our history together. I hope you enjoy reading it.

- 1995** Sally Laycock resigned from committee for family reasons. Echuca Branch formed on 21 January.
- In February Geelong City became known as Geelong Branch. We held our first night workshop in November. Loma Sargent coopted onto committee in place of Sally Laycock. Gay Swallow resigned from committee and Judy Naughton coopted to take her place.
- 1996** Swan Hill held a State Seminar 'Murray Mallee Reveals Sugarcraft' on 11, 12 and 13 October. A group of members went to 'Crossroads' to help disabled people do some decorating, a rewarding experience.
- Fifteen-year badges were introduced.
- Elections in '96 saw Maureen Sangston elected President, Vice President Rose Whitehead, Asst. Vice Pres. Pat Pill, Secretary Shirley Vass, Asst. Sec. June Elliott, Treasurer Barbara Imlach, Asst. Treasurer Robyn de Sachau, Committee Ivy Craddock, Loma Sargent, Valda Seidel- Davies, Pam Archibald, Nell Macauley, Robyn Hamilton, Judy Naughton, Barbara Crompton, Life membership was awarded to Valda Seidel- Davies. On 21 September Sunbury Branch held its inaugural meeting.
- 1997** In May the Association was invited to demonstrate at the **Women's Weekly Craft Show** (the precursor to the Quilt and Craft shows), this show has changed in name but we still demonstrate each year.
- 1998** On 20, 21 and 22 March the state seminar was "Around the Pacific", with local, interstate and international demonstrators.
- This was the year of 'Taste Bud Torture' an expo of sugar/chocolate products and we had a great display.
- We also demonstrated at Hawthorn Craft Market and held 'Sugar Art on Show' at Chadstone Shopping Centre which was a great success.
- The elections were President Robyn Hamilton, Imm. Past President Maureen Sangston, Vice President Pam Archibald, Secretary Shirley Vass, Asst. Sec. Barbara Crompton, Treasurer Barbara Imlach, Asst. Treasurer Loma Sargent, Committee Ivy Craddock, June Elliott, Rose Whitehead, Sue Jordan, Margaret Fox, Rhonda Meek, Bev Stidworthy, Sue Crawford.
- Bruthen Branch closed around September
- 1999** We awarded a junior membership at the Royal Show to try and encourage junior members.
- 2000** Introduction of Mystery Workshops which proved popular. We celebrated our 20<sup>th</sup> Birthday. A display at Chadstone and Yarra Glen. We registered for GST.
- The elected committee were, President Robyn Hamilton, Imm. Past Pres. Maureen Sangston, Vice Pres. Pam Archibald, Secretary Shirley Vass, Asst. Sec. Barbara Crompton, Treasurer Barbara Imlach, Asst. Treas. Loma Sargent, Committee Ivy Craddock, June Elliott, Sue Crawford, Rhonda Meek, Terry Ross, Margaret Fox, Carmel Phillips, Bev Stidworthy
- Life memberships was awarded to Leonnie Cumming.
- Sale held a State Seminar 'From the Mountains to the Sea'
- 2001** We were able to meet downstairs at St. Johns. We held our first 'Big Cup of Tea' to raise funds for the Cancer Council & decorated the first of several cakes to promote this event. On 15 to 21 October we held a display at Chadstone Shopping Centre.

2002 We organized a Food Handlers course, opened a Tin Library which was very rarely used. We held our first 'Decorate a Christmas Cake' which has proved very popular and a good show case for the 'Association, some branches have now introduced this idea.

On 19, 20 and 21 April the State Seminar 'Showcase Australia' was held at the Whitehorse Centre. In November we introduced our group public liability insurance scheme. The elected committee President Barbara Imlach, Vice President Rhonda Meek Imm. Past President Robyn Hamilton, Secretary Shirley Vass, Asst. Sec. Robyn Hamilton Treasurer Carmel Phillips, Asst. Treasurer Loma Sargent, Committee Maureen Sangston, Ivy Craddock, June Elliott, Pam Archibald, Velma Brown, Bev Stidworthy, Emmie Wilson, Sue Crawford, Maria Coles

2003 This year we tried a new format for our workshops, demonstrated for Road Trauma and held a display at Chadstone.

2004 The Wodonga and Wangaratta Branches joined together to present the State Seminar "Golden Days in Beechworth" from 26 to 28 March.

Geelong and Colac branches amalgamated to become Colac Branch. Melbourne officially became known as CDAV Melbourne Branch. The Mamoo branch folded in September.

AGM elections President Barbara Imlach, Vice President Rhonda Meek, Asst. Vice Pres. Pam Archibald, Secretary Shirley Vass, Asst. Secretary June Elliott, Treasurer Carmel Phillips, Asst. Treasurer Loma Sargent, Committee Ivy Craddock, Velma Brown Jan Longley, Bev Stidworthy, Emmie Wilson, Caroline White, Dawn Head Life membership was awarded to Maureen Sangston and Robyn Hamilton.

2005 We celebrated our 25<sup>th</sup> Birthday. The membership was stable with approximately 1000 members, although down from the 'glory days of 1800.

Life membership awarded to Kathleen Campbell

## Photo's of Days Gone By.....



The cake made by Robyn Hamilton, Pam Archibald and some CDAV members, for the State Government Anti Cancer Council Morning Tea.



Tombi Peck and Alan Dunn demonstration at Susie Q. The first time Alan came to Australia



Having lunch on the grass at a Seminar in Ringwood.



Tricia Christie and Nerolie Byrne, the founding members of Wangaratta Branch

# Overnight Christmas Pudding

Submitted by Leanne Wood

A light and easy pudding you can leave til the last minute to prepare

2 cups SR Flour  
1 cup Sugar  
1 cup each of sultana's and raisins  
Some chopped dates (optional qty to taste)  
Some chopped peel if liked (optional qty to taste)  
1 tsp mixed spice  
2 level tablespoons butter or dripping  
1 teaspoon vanilla  
1 tsp carb soda

Rub butter or dripping into flour  
Add all other ingredients together  
Mix soda with a little water and add to the mixture  
Add 1 1/2 cups of boiling water and stir well. Allow to stand at room temperature overnight.  
Next morning put into a well floured cloth and boil for 4 hours  
Don't leave cloth too loose as it has already swollen overnight.



**This is a really old recipe given to me by a dear friend who had it passed down to her from her Aunt.**

# Sago Plum Pudding

I GOT THIS RECIPE OUT OF THE AUSTRALIAN WOMEN'S WEEKLY QUITE A FEW YEARS AGO AND MY FAMILY LOVE IT.



Submitted by Pam Archibald

## INGREDIENTS

- 2 cups (500ML) milk
- 2/3 cup (130g) sago
- 2 tsp bi-carb soda
- 1-1/2 Cups of Brown Sugar
- 120 grams of melted butter
- 3 cups of soft fresh breadcrumbs
- 3 cups of mixed dried fruit (I soak the fruit in a little Sherry or Brandy for a few days )
- 1 tsp Mixed spice - optional



## METHOD

Bring milk to boil and pour over sago in a bowl. Cover and refrigerate overnight to soak.

The next day add bicarbonate of soda and a pinch of salt. Stir through remaining ingredients and mix well.

Place a circle of buttered baking paper in the base of an 8-cup basin generously greased with butter.

Spoon in pudding mixture, packing down firmly as you go.

Cover with a circle of buttered baking paper and two sheets of aluminium foil. Tie foil with string to seal.

Pour enough water into a large saucepan to come halfway up the side of the Basin.

Bring to boil and lower pudding into water. Cover and simmer for 4 hours, adding more water if necessary.

Re steam for another 2 hours before serving .

Serve sliced with vanilla or brandy custard.

# Keeping It Sweet Word Search

B Q I Z C R E A T I V E Q G V Y Z R W I  
 D N F M L Y A C F E X U F V Z L X L B D  
 S E S A N K K X Y C I V P T C H V B U V  
 F B S Y M F B F L W E D D I N G E I T Q  
 O L B S U J C T F L O W E R S N D Z T B  
 E L O A E R A A P F I V A W Z V C K E U  
 B K V U K R K W K P I M H P L M H D R G  
 C G Z J R I T R Q E J R K U C W O N C Y  
 B C A L O A N N S Q A E V I A H C J R A  
 I D A N D E V G F J S R I I Y Q O V E O  
 R A C X A E G R G O N Q T L D B L E A K  
 T V B O R C D I T M U S O T O V A B M N  
 H G U T O H H N I A L D U C C V T L S C  
 D Z T C J K F E L C Y Y H G T Y E L T N  
 A Q T C C R I W P I I R Z S A H K F T S  
 Y P E A R L F E F F Z N F W S R P W Q U  
 R B R K K C R F S P V E G E M H A Z T G  
 U A B E T I S F D T L K J E M J A R A A  
 E O I D Q D T W Y Y R K C T G G E V T R  
 W N L T R E H K U P H X B M O P L E A C

buttercream

birthday

dessert

sweet

flour

chocolate

ganache

wedding

sugar

love

Creative

CakeArt

baking

icing

CDAV

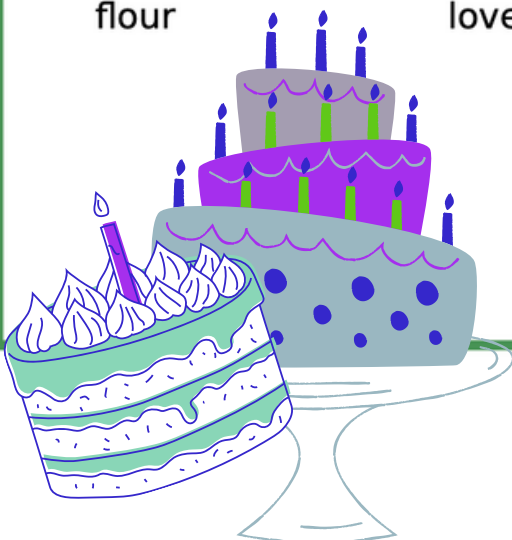
SugarArt

flowers

butter

cookies

cake



## Riddle Answers

1. Someones Heart
2. His plan is to dig the tunnel and pile up the dirt to climb up to the window to escape.
3. Nothing

# Fun For Kids



Christmas  
Beanie  
Decorations



The contributions to this edition of  
Keeping It Sweet were made by  
Pam Archibald, Jan Longley  
and Leanne Wood.